

## Abbeyfield (Gerrards Cross) Society Ltd

The Wyke, 16 Marsham Way, Gerrards Cross SL9 8AD

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The Abbeyfield (Gerrards Cross) Society is a supported sheltered house for 13 elderly residents which is run by a committee of Volunteer Trustees. We have 5 part time members of staff. Most of our residents have either lived in Gerrards Cross previously or are here to be close to family members who live here.

This is not a Nursing Home or Care Home. Abbeyfield is a place where elderly residents can be independent but always sure of kindness, support and security. Residents here usually have been widowed + have reached a stage where they want more company and someone else to cook their meals!

Let me take you through a typical day at The Wyke (our house name) all residents rise at different times so they are given breakfast items so that they may fix breakfast when they want it, there is a microwave + toaster on each floor. The House Manager calls in to see each resident between 9am & 10am to check that they are all okay.

Residents meet for coffee in the Lounge at 10:00am, a lovely home cooked lunch is served at 12:30pm and supper is at 5:30pm.

There are many activities that residents can take part in like Keep Fit & Pilates which are on alternate Thursdays. Musical entertainment is planned monthly and during the run up to Christmas there is something happening each week. There are annual events like the Strawberry Tea held in June every year; the AGM with social chit chat afterwards + lovely drinks & canapés; the Christmas Lunch which is held the week before Christmas; the second Saturday of each month there is a special Coffee morning with cakes and catch up with our younger volunteers.

The Wyke is a true home from home, a lovely place to spend latter years amongst friends and staff who really do care.

We are a member of The Abbeyfield Society, Patron HRH The Prince of Wales

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